

## REVISED TIME TABLE

Time: 02.00 PM to 05.00 PM

Date & Day	Paper Code	Title of the Paper
04-11-2025 Tuesday	PGDY-211	Selections from Hatha Yoga Pradipika & Gheranda Samhita
05-11-2025 Wednesday	PGDY-212	Yoga & Alternative Therapies
06-11-2025 Thursday	PGDY-213	Basic of Food and Nutrition
07-11-2025 Friday	PGDY-214	Yogic Management of Common Diseases
10-11-2025 Monday	7.00 AM onwards	Yoga Practice-II

(J. RATNAM)
Addi. CONTROLLER OF EXAMINATIONS